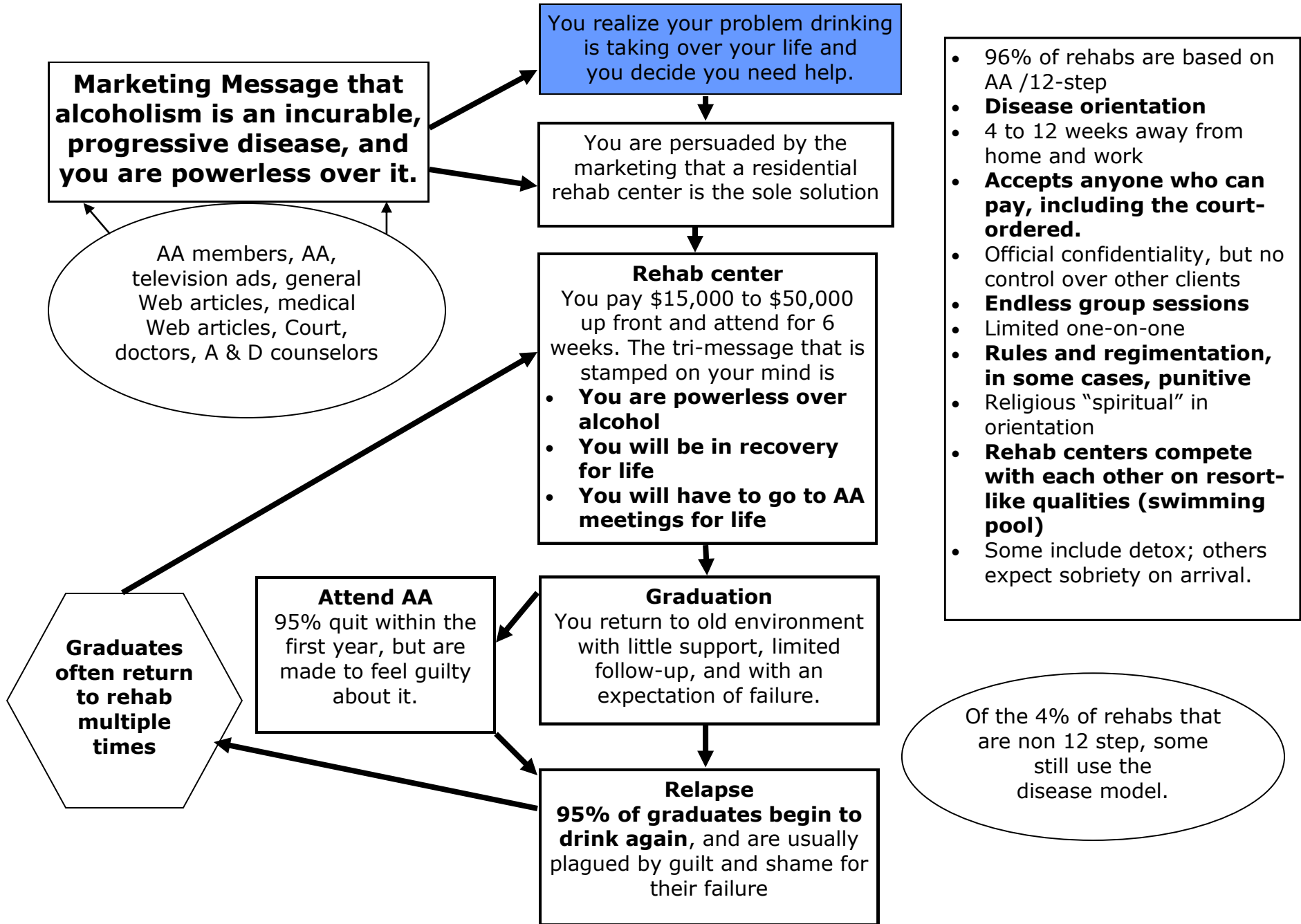


# Typical Rehab (Re)Cycle Program



- 96% of rehabs are based on AA /12-step
- **Disease orientation**
- 4 to 12 weeks away from home and work
- **Accepts anyone who can pay, including the court-ordered.**
- Official confidentiality, but no control over other clients
- **Endless group sessions**
- Limited one-on-one
- **Rules and regimentation, in some cases, punitive**
- Religious "spiritual" in orientation
- **Rehab centers compete with each other on resort-like qualities (swimming pool)**
- Some include detox; others expect sobriety on arrival.

Of the 4% of rehabs that are non 12 step, some still use the disease model.